

BREADS & STARTERS

Cheese Platter (V)

Selection of 3 cheeses, fruits, nuts, sundried tomatoes & crackers

Members	Visitors
\$23.00	\$25.00

Rainbow Dips & Bits Platter

Selection of dips, olives and breads

\$16.00	\$18.00
----------------	----------------

Crusty French Roll (V)

topped with garlic butter

topped with garlic butter & cheese

\$7.50	\$8.50
\$8.50	\$9.50

Herb & Garlic Pizza (V)

drizzled with olive oil, herbs, garlic, parmesan & mozzarella cheese

\$11.00	\$13.00
----------------	----------------

***Bowl of Chips (V)**

\$7.00

***Potato Wedges (V) w' sweet chilli & sour cream**

\$9.00 \$10.00

***Sweet Potato Chips (V) w' sweet chilli & sour cream**

\$9.00 \$10.00



PIZZAS (12 inch)

Hawaiian Pizza

Shredded ham, pineapple & cheese

Members	Visitors
\$17.50	\$19.50

Vegetarian Pizza (V)

Pumpkin, fetta, olives, onion, mushroom, baby spinach, sundried tomatoes & capsicum

\$17.50	\$19.50
----------------	----------------

Margarita Pizza (V)

Napoli, basil, tomato & bocconcini cheese

\$13.50	\$15.50
----------------	----------------

Meat Lovers Pizza

Ham, pepperoni, sausage, bacon, onion, olives, capsicum & mozzarella cheese

\$19.50	\$21.50
----------------	----------------

BURGERS

(all served on Turkish Bun with a side of chips)

Peri Peri Chicken Burger

Peri Peri marinated Chicken breast with lettuce, tomato, red onion, cheese & lime aioli

Members	Visitors
---------	----------

\$19.00	\$21.00
----------------	----------------

Angus Beef & Bacon Burger

Angus beef pattie with bacon, lettuce, tomato, beetroot, cheese, onion & BBQ sauce

\$20.00	\$22.00
----------------	----------------

Vegetarian Burger (V)

Moroccan spiced lentil & vege pattie served with baby spinach, tomato, beetroot & spicy onion relish

\$19.00	\$21.00
----------------	----------------

Steak Sandwich

Beef minute steaks with lettuce, tomato, beetroot, cheese, onion & spicy tomato relish on Toasted Bread

\$18.00	\$20.00
----------------	----------------

*** Load your Burger with extra Bacon \$2 - Cheese \$2 - Egg \$2 - Guacamole \$2
Gluten Free Bread \$2**

Nipper's Meals \$9.90 (up to 12 years)

***Beef & cheese burger
w' tomato sauce & chips**

***Fish pieces & chips**

***Chicken nuggets & chips
*Steak & chips**

***Spaghetti Bolognaise**

**\$1.50 extra for Side Salad
Kids Activity Pack \$2 each**



Rainbow-Bay Surfclub



rainbowbay_surfclub



SALADS

Members Visitors

Traditional Caesar Salad \$14.00 \$16.00

Cos lettuce with creamy Caesar dressing, crispy bacon, croutons, parmesan cheese topped with a poached egg

Rainbow Super Salad (V) (GF) \$15.00 \$17.00

Roasted beetroot, rocket, roasted pumpkin, sundried tomatoes, pine-nuts, fetta, quinoa, asparagus, olives & house dressing

Rainbow Budda Bowl (V) (GF) \$15.00 \$17.00

Cauliflower, broccoli, asparagus, avocado, pumpkin, fetta & rocket topped with a poached egg & a sprinkle of dukka

+ Roasted Chicken \$5.00
+ Smoked Salmon \$6.50

FROM THE GRILL

(all served with a side of
chips & salad or mash & vege)

Members Visitors

200 gm Sirloin Steak \$19.90 \$21.90

250 gm Rump Steak \$25.90 \$27.90

Sauces:

Peppercorn – Dianne – Mushroom – Gravy
\$2.50 each

MAIN MEALS

Members Visitors

Rainbows Chicken Parmigiana \$21.00 \$23.00

topped with Napoli sauce, ham & cheese finished under the grill served with chips & salad

Chilli Prawn Linguine \$19.90 \$21.90

Sauteed prawns with bacon, garlic, chilli, baby spinach, lemon zest & Napoli sauce

Classic Italian Spaghetti Bolognese \$16.00 \$18.00

topped with parmesan

Grilled Barramundi \$21.90 \$23.90

in lemon pepper seasoning served with chips & salad or mash & vege

Crumbed Calamari \$18.90 \$20.90

Panko Crumbed calamari served with chips & salad

Snapper Rocks Plate \$25.90 \$27.90

Beer battered flathead, tempura prawns, crumbed calamari, chips & salad

Beer Battered Flathead \$17.00 \$19.00

served with chips & salad

Crumbed Chicken Schnitzel \$19.00 \$21.00

served with chips & salad

Vegetarian Cannelloni (V) \$16.00 \$18.00

With roasted pumpkin, baby spinach, mushrooms, Ricotta & served w' chips & salad

Nachos (GF)

corn chips, melted cheese, salsa, guacamole, sour cream & chives

Mild spicy beef & bean Nachos \$17.00 \$18.00

Vegetarian (V) Nachos \$16.00 \$17.00

tomatoes, onion, garlic, chilli, kidney beans, corn & capsicum (V)

Change side from chips & salad to mash & vege \$3