

SLSQ Skills Maintenance Theory Paper

2019/2020 Season

CANDIDATE Version

Candidate Name:	Club:
Candidate Signature:	Date:

Candidates will need to read the Skills Maintenance Bulletin and watch the Bleeding Control Kit video prior to them attempting the questions below. All answers can be found in the Bulletin and Video.

PLEASE CIRCLE YOUR ANSWER

- 1) You have discovered an unconscious victim and after ensuring there are no obstructions in the mouth cavity, what is the method used to provide an open airway?**
 - a) Head tilt and chin lift manoeuvre
 - b) No head tilt and lift tongue
 - c) Roll onto the side and clear mouth with fingers
 - d) Place into the recovery position

- 2) Opening the airway of an infant varies from that of a child 1 – 8 years or adult. What is the airway management technique for an infant?**
 - a) Use more head tilt than you would for the 1-8 year old
 - b) Place the head in a neutral position and support lower jaw at the point of the chin
 - c) Tilt the head forward because of the infant's narrow passages
 - d) Tilt the head to one side

- 3) SLSQ has introduced bleeding control kits into service to assist with cases of severe bleeding. What is the initial first aid treatment for an external severe bleed of a limb?**
 - a) Immediately apply an arterial tourniquet
 - b) Apply direct pressure to the wound
 - c) Wait for OLAES trauma dressing to be brought to you
 - d) Apply a pad, bandage and elevate the affected limb

- 4) When is a tourniquet used in severe bleeding cases?**
 - a) When bandages and other dressing are not available
 - b) When applying direct pressure and bandaging has not successfully stopped the bleeding
 - c) As a primary measure to control a bleed
 - d) Only used on shark attack victims

- 5) SLSQ has adopted a simple plan as to where we apply the tourniquet if it is required. What is the plan for application?**
- a) High, tight and horizontal on the affected limb
 - b) Directly over the wound
 - c) 5cm above the wound
 - d) Over the joint located above the wound
- 6) How tight do we need to apply the tourniquet if applied to a severe bleed?**
- a) Until the bleeding stops
 - b) 1 or 2 turns of the windless
 - c) Ensure the limb still has capillary refill
 - d) Tighten until the casualty tells you to stop
- 7) Heat Stroke is a serious case of heat related illness and may lead to death if not treated correctly. What is the management for a victim you believe is suffering from signs and symptoms of Heat Stroke?**
- a) Call an ambulance immediately
 - b) Remove unnecessary clothing
 - c) Apply icepacks to the neck, armpits, and groin
 - d) All of the above
- 8) You have just read and understood the new laws regarding shark control apparatus. What distance has been established as the exclusion zone from the apparatus and what is the current maximum fine if you enter the exclusion zone without due cause?**
- a) 10 metres and \$522
 - b) 20 metres and \$522
 - c) 20 metres and \$26 100
 - d) 50 metres and \$26 100
- 9) In the event of a shark sighting how long must the beach be closed for all swimming?**
- a) minimum of 30 minutes from last confirmed sighting
 - b) minimum of 60 minutes from last confirmed sighting
 - c) minimum of 4 hours from last confirmed sighting
 - d) minimum of 8 hours from last confirmed sighting
- 10) In the event of a crocodile sighting how long shall the beach remain closed?**
- a) 30 minutes from last confirmed sighting
 - b) 1 hour from last confirmed sighting
 - c) 4 hours from last confirmed sighting
 - d) 8 hours from last confirmed sighting
- 11) On the new Kenwood NX-3300 radios what is the procedure for changing channels?**

- a) Use a twist knob on the top of the radio and look at the channel indicator on the screen
- b) Click the PTT button in quick succession until the channel indicator on the screen shows the one you want to be on
- c) Unlock the radio then use the small buttons located under the PTT button to change the channel up or down from what it is currently set on
- d) Use the keypad like a mobile phone and dial the channel number in

12) What is the maximum speed a SSV can be driven in a flagged area?

- a) 5 km/hr
- b) 10 km/hr
- c) 20 km/hr
- d) 40 km/hr

13) What is the maximum speed a SSV can be driven in a non patrolled area?

- a) 10 km/hr
- b) 20 km/hr
- c) 30 km/hr
- d) 40 km/hr