

Burgers

(all served on Milk Bun with a side of chips)

	Members	Visitors
Chicken Burger	\$22	\$24
<i>Grilled chicken breast with lettuce, tomato, red onion, pickle, cheese & chipotle sauce</i>		
Angus Beef Burger	\$22	\$24
<i>100% beef pattie with lettuce, tomato, pickle, red onion, cheese, & chipotle sauce</i>		
Sirloin Steak Burger	\$24	\$26
<i>Grilled steak with lettuce, tomato, cheese, pickle, caramelised onion & chipotle sauce</i>		
Mushroom Burger (V)	\$18	\$20
<i>Mushroom with lettuce, avocado, tomato, carrot, beetroot & aioli</i>		

Extras: Guacamole \$3,
Egg \$2, Bacon \$3.50,
Gluten Free Bun \$2.50



Pizzas

	Members	Visitors
King Prawn Pizza	\$24	\$26
<i>Garlic king prawns, fresh herbs, bocconcini & mozzarella w' chilli oil</i>		
Rainbow Vegetarian Pizza	\$20	\$22
<i>(V) Roasted capsicum, baby spinach, roman tomato, mushroom, red onions, fetta, napoli sauce & mozzarella cheese</i>		
BBQ Chicken Pizza	\$24	\$26
<i>Chicken, capsicum, mushrooms, rocket, mozzarella cheese & BBQ sauce</i>		
Margarita Pizza (V)	\$16	\$18
<i>Napoli sauce, roman tomato, bocconcini cheese & drizzle of olive oil</i>		
Add: Chicken \$5 ~ Pepperoni \$3		



Breads & Starters

	Members	Visitors
Crusty Baguette (V)		
<i>topped with garlic butter</i>		
	\$7.50	~ \$9.50
<i>topped with garlic butter & cheese</i>		
	\$8.50	~ \$10.50
Herb & Garlic Pizza (V)		
<i>drizzled with olive oil, fresh herbs, garlic, parmesan & mozzarella cheese</i>		
	\$14	~ \$15
Nachos (GF)		
<i>served with corn chips, melted cheese, jalapenos, tomato salsa, guacamole & sour cream</i>		
Mild spicy Beef & Bean	\$24	~ \$26
Vegetarian Nacho:	\$18	~ \$20
<i>Beans, onion, tomato, mushroom, capsicum & zucchini (V)</i>		
Bowl of Chips (V)		~ \$10
Potato Wedges (V)		~ \$14
<i>with sweet chilli & sour cream</i>		
Sweet Potato Chips (V)		~ \$14
<i>with sweet chilli & sour cream</i>		



Nipper's Meals \$12

(up to 12 years)

includes Kids Activity Pack

*Beef & cheese burger w' tomato sauce & chips

*Fish bites, chips & salad garnish

*Chicken nuggets, chips & salad garnish

Mini Pizza (with a side of chips)

Hawaiian (ham & pineapple)

or Margarita (Napoli sauce & Cheese)

Bistro Hours

Lunch 11am to 2 pm

Dinner 5pm to 8 pm

 **rainbowbay_surfclub**

 **Rainbow-Bay Surfclub**

Club Open

From 10 am Daily

07 5536 6390

Email:

rainbowsllsc@bigpond.com



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MENU



Main Meals



Freshly Crumbed Chicken Schnitzel

served with chips & salad

Members Visitors

\$20 \$22

Rainbow Chicken Parmigiana

Crumbed Chicken Breast topped with Napoli sauce, ham & mozzarella cheese finished under the grill served with chips & salad

\$24 \$26

Chilli Prawn Fettuccini

Sauteed prawns with bacon, garlic, chilli, spring onion, cherry tomatoes, white wine, baby spinach, Napoli sauce & shaved parmesan

\$26 \$28

Marinara Fettuccini

Sauteed prawns with scallops, calamari, garlic, cherry tomatoes, white wine, baby spinach, Napoli sauce, spring onions & shaved parmesan

\$26 \$28

Pumpkin & Sage Ravioli (V)

in a white wine garlic sauce, baby spinach & shaved parmesan

\$18 \$20

Poached FOD (Fish of the Day)

fresh herbs, spring onions & garlic white wine sauce served with chips & salad

\$32 \$34

Salt & Pepper Calamari

served with chips & salad

\$24 \$26

Beer Battered Flathead (Rainbow Members Reward)

served with chips & salad

\$15 \$22

change main from chips & salad to mash & veges \$3 extra

From the Grill

(all served with a side of Chips & Salad or Mash & Vege)

250 gm Sirloin Steak (Darling Downs) \$30 \$32

250 gm Rump Steak \$30 \$32

Complimentary Sauces:

Peppercorn – Mushroom – Garlic Cream Sauce – Gravy



Salads

Members ~ Visitors

Traditional Caesar Salad \$18 ~ \$20

Cos lettuce with creamy Caesar dressing, crispy bacon, toasted croutons, anchovies, parmesan cheese tossed in Caesar dressing topped with a poached egg

Rainbow Super Salad (V) (GF) \$22 ~ \$24

Roasted pumpkin & beetroot, rocket lettuce, nuts, fetta, quinoa, avocado, cherry tomatoes & balsamic dressing

Thai Chicken Salad \$22 ~ \$24

Char Grilled Chicken, cucumber, shallots, cherry tomatoes, wombok cabbage, mint, thin noodles, nuts, crispy shallots w' Thai dressing

Add: Chicken \$5

Salt & Pepper Calamari \$6.50

Coffee & Cake ~\$12

Cake Only
\$8.50

