



WEEKDAY MEAL DEAL LUNCH OR DINNER FOR TWO

ONLY \$49.95

Choose 2 menu choices of either

Battered Flathead with Chips & Salad

or

Vegetarian Pizza

or

250g Rump Steak with Chips & Salad

or

Spaghetti Bolognese

or

Chicken Schnitzel topped with Avocado & Hollandaise Sauce

With your choice of a bottle
Of your favourite [yellow tail] wine



Wine List

Sparkling Wine

	Glass 150ml	Glass 250ml	Bottle 750ml
[yellow tail] White Bubbles 750ml	7		25
[yellow tail] White Bubbles 200ml			9.50
[yellow tail] Pink Bubbles 200ml			9.50
[yellow tail] Prosecco 750ml	8		28

White Wine

Peter Lehmann Portrait Eden Valley Riesling	9	11	35
Peter Lehmann Art N Soul Sauvignon Blanc	7.50	9.50	27
[yellow tail] Sauvignon Blanc	7	9	25
[yellow tail] Pinot Grigio 750ml	7	9	25
[yellow tail] Moscato 750ml	7	9	25
[yellow tail] Chardonnay 750ml	7	9	25
Brands Laira Blockers Chardonnay 750ml	9.50	11.50	37

Red Wine

[yellow tail] Rose 750ml	7	9	25
[yellow tail] Merlot 750ml	7	9	25
[yellow tail] Cabernet Sauvignon 750ml	7	9	25
Brands Laira Blockers Coonawarra Cabernet Sauvignon 750ml	9.50	11.50	37
[yellow tail] Shiraz 750ml	7	9	25
Peter Lehmann Portrait Barossa Shiraz 750ml	9	11	35
[yellow tail] Sangria 750ml	7	9	25

\$1 discount applies on wine prices above for all members



For bookings please call
(07) 5536 6390

Instagram rainbowbaysurf
Facebook rainbow-bay surf
Email rainbowsisc@bigpond.com

Members Visitors

Breads & Starters

Crusty French Roll (v) Topped with garlic butter	\$7.30	\$8.30
Topped with garlic butter & cheese	\$8.30	\$9.30
Herb & Garlic Pizza Large 12inc (v) Drizzled with extra virgin olive oil, herbs, garlic, parmesan & mozzarella cheese	\$10.50	\$11.50
Potato Wedges (v) Topped with sour cream & sweet chilli sauce	\$9.00	\$10.00
Bowl of Chips (v) (gf)	\$6.90	\$6.90

Burgers

Crumbed Chicken Schnitzel Burger Crumbed fresh chicken breast with coleslaw, English spinach, sliced tomato, avocado & sweet chilli mayo	\$17.90	\$19.90
Angus Beef & Bacon Burger 250gm 100% beef patties with bacon, English spinach, tomato, beetroot, cheese & bbq sauce	\$18.90	\$20.90
Steak Burger Cape Byron Beef minute steaks with English spinach, tomato, beetroot, onion & BBQ sauce	\$16.90	\$18.90
Vegetarian Burger (v) Home made sweet potato patties (2) (gf) with English spinach, tomato, beetroot & sweet chilli mayo	\$17.90	\$19.90
Fish Burger Fillet of fish with coleslaw, tomato, English spinach & tartare sauce	\$17.90	\$19.90
Calamari Burger Crumbed calamari with English spinach, tomato, onions, coleslaw & tartare sauce	\$17.90	\$19.90

Pizzas

Hawaiian Pizza Shredded ham, pineapple & cheese <i>Wine Suggestion: [yellow tail] Chardonnay</i>	\$16.50	\$17.50
Vegetarian Pizza (v) Roast Pumpkin, caramelized onions, baby spinach, pinenuts & feta cheese <i>Wine Suggestion: [yellow tail] Pinot Grigio</i>	\$16.50	\$17.50
Add chicken \$3.00		
Margarita Pizza (v) Rich tomato Napoli base & mozzarella cheese <i>Wine Suggestion: Peter Lehmann Portrait Riesling</i>	\$12.50	\$13.50
Meat Supreme Pizza Tomato base, Spanish onion, salami, ham, mushrooms, capsicum, olives & mozzarella cheese <i>Wine Suggestion: [yellow tail] Shiraz</i>	\$18.50	\$19.50

Members Visitors

Mains

Chicken Schnitzel served with chips & salad		
Plain	\$18.90	\$20.90
Hawaiian	\$19.90	\$21.90
Avocado & Hollandaise Sauce	\$20.90	\$22.90
<i>Wine Suggestion: Brands Laira Blockers Chardonnay</i>		
Spaghetti Bolognese Made with home made sauce served with parmesan <i>Wine Suggestion: [yellow tail] Merlot or Pinot Grigio</i>	\$15.90	\$17.90
Grilled Barramundi in garlic butter & Moroccan seasoning served with chefs salad & chips <i>Wine Suggestion: [yellow tail] Pinot Grigio</i>	\$19.90	\$21.90
Crumbed Calamari Panko crumbed calamari served with lemon, tartare, chefs salad & chips <i>Wine Suggestion: [yellow tail] Sauvignon Blanc</i>	\$16.90	\$18.90
Snapper Rocks Plate Beer battered flathead, tempura prawns & panko crumbed calamari served with lemon, tartare, garden chefs salad & chips <i>Wine Suggestion: [yellow tail] Sauvignon Blanc or Bubbles</i>	\$24.90	\$26.90
Beer Battered Flathead Served with lemon, tartare chefs salad & chips <i>Wine Suggestion: [yellow tail] Pinot Grigio</i>	\$16.90	\$18.90
Rainbow Chicken Parmigiana Topped with Napoli sauce, ham & cheese finished under the grill served with chefs salad & chips <i>Wine Suggestion: [yellow tail] Chardonnay</i>	\$22.50	\$24.50
Chilli Prawn Linguine Served with bacon, garlic, olive oil, onion, baby spinach & chilli <i>Wine Suggestion: Brands Laira Blockers Chardonnay</i>	\$16.90	\$18.90

From the Grill

All served with chefs salad and chips

200 gm Sirloin Steak	\$17.90	\$19.90
300 gm Sirloin Steak	\$23.50	\$25.50
250 gm Rump Steak	\$23.90	\$25.90
500 gm Rump Steak (the Man's Rump)	\$32.00	\$34.00
300 gm Rib Fillet Steak	\$27.90	\$29.90
300 gm Beef & Reef Rib Fillet topped with three Garlic Prawns	\$33.90	\$35.90

Char-grilled to your liking

Sauces: Peppercorn – Dianne – Mushroom \$2 each

Members Visitors

Salads

Traditional Caesar Salad Cos lettuce with lashings of creamy Caesar dressing, crispy bacon, croutons & parmesan cheese topped with a boiled egg <i>Wine Suggestion: [yellow tail] Pinot Grigio or Bubbles</i>	\$13.90	\$15.90
Italian Salad (v) (gf) Rocket Tossed with semi-dried tomatoes, olives, spinach onion, parmesan drizzled with an Italian dressing <i>Wine Suggestion: Brands Laira Blockers Chardonnay</i>	\$14.90	\$16.90
Thai Calamari Salad Asian Salad with a lemon grass and coriander dressing <i>Wine Suggestion: [yellow tail] Pinot Grigio or Rose`</i>	\$16.90	\$18.90
Fresh King Prawn Salad Fresh King Prawn with rocket, semi -dried tomatoes, walnuts, haloumi cheese, roasted beetroot & sweet chilli mango dressing <i>Wine Suggestion: Peter Lehmann Portrait Eden Valley Riesling</i>	\$17.90	\$19.90
Add roasted chicken \$5.00 Add fresh cooked ocean prawns \$6.50 Add smoked salmon fillet \$6.50		

Nipper's Meals (up to 12 years)

Beef & Cheese Burger Served with BBQ sauce & chips	\$9.50
Crumbed Fish Bites Served with chips	\$9.50
Chicken Nuggets Tempura chicken nuggets served with chips	\$9.50
Steak Minute Steak served with chips	\$9.50

Add Side Salad \$1.50

Kids Activity Pack \$2 each



*Rainbow Bay SLSC promotes the responsible service of alcohol

